



HM Government



CORONAVIRUS

STAY AT HOME

SAVE LIVES

Anyone can spread Coronavirus.

The only reasons to leave home are:

- ✓ To shop for basic necessities or pick up medicine
- ✓ To travel to work when you absolutely cannot work from home
- ✓ To exercise once a day, alone or with members of your household
- ✗ Do not meet others, even friends or family

CORONAVIRUS

**STAY HOME
PROTECT
THE NHS
SAVE LIVES**